

Ext_ June 24th 2023 Report on 'Tree Plantation '

'Save Trees and Save the air from pollution. Trees represent life, growth, peace and nature. They produce oxygen. Keeping this in mind the Tree plantation drive was initiated by DLLE in association with Nature Club, GTT (Global Talent and Track) and Barclays on 24th June 2023 at 9.30 am. All the students and faculty asked to gather at college campus. The team leaders of GTT foundation and Barclays explained the importance of tree plantation and also guided how to plant saplings to the students. Later on a group formed of 2 team leaders and 1 student to plant sapling.

The main purpose of this event was to enhance awareness about the importance of tree plantation and to protect environment from degradation. Total 22 students and 3 teachers were actively involved in the activity.

Objective: Enhance awareness about importance of tree plantation and to protect environment from degradation

Outcome: Students determined to plant at least one sapling every year

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Ext-21st July 2023 Report on 'Conservation of Mangroves'

The DLLE organized a session on "Conservation of Mangroves" on 21st July 2023 at 9 am in Seminar Hall. . The main aim was to create awareness among the students about the importance of Mangroves in protecting the environment. Mangrove trees play a valuable role as a nature's shield against cyclones, and ecological disasters and as a protector of shorelines. Hence, the eminent environmentalist Ms. Rashmi Joshi Madam was invited to address the students. Madam explained in detail about Mangrove's importance and how we can protect it in India. She appealed to students to create awareness among friends, relatives and neighbors about mangroves.

The session was very informative and interesting. A total of 89 students actively participated in the session.

Objective: To create awareness among the students about the importance of Mangroves trees

Outcome: Understood the importance of mangrove tress in protecting the environment.

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Ext_ 5th August 2023 on 'Contaminated Water and Health Diseases.

For human survival, water is an essential resource. Hence, it is very important to have purified water intake in our body, but it is observed that during the rainy season, most of the time contaminated water flows through the tap. Contaminated water causes diarrhea, skin diseases, malnutrition, and even cancer and other diseases related to water pollution. Therefore, it is necessary to create awareness among the students as well as society. DLLE took the initiative on 5th August and visited door-to-door at Chendani Koliwada, near the college resident area educated people through posters and explained to them the consequences of the use of contaminated water. A total of 15 students along with 2 teachers participated in the awareness campaign.

Objective- To create awareness among students and residents near college about the consequences and its impact on our health.

Outcome – People and students get educated about harmful effects of contaminated water

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Ext_14 th August 2023 Report on 'Respect to the Flag'

We should not be insulted or damage our national flag. We feel proud every celebration of 15th August and 26th of January while hoisting the flag, but immediately the next day of celebration, we see paper tricolors scattered on the roads at many places. It means we give respect to the tricolours of the flag only on these days. Throwing the national flag anywhere is actually a crime, hence we should give respect to our national flag. On the eve of 75th year of the Independence celebration, the cultural ministry, central government announced to organise various programs on the theme 'Meri Mati, Mera Desh' till 30th August 2023.

Hence, the DLLE unit of Excelssior Education Society's, K.B.College of Arts and Commerce for women, Thane took initiative and created awareness among the students as well people residing at chendani koliwad, kopri area on 14th August 2023 with the theme of 'Respect to Flag'. A total 26 students participated in the drive. Students were appreciated by the citizens.

Objective: To create awareness among the students as well as citizens about the importance of flag and its respect

Outcome: Students and citizen came to know about the rules to be followed in dispose of flag



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Ext_23rd August, 2023 Report on 'Workshop on making of Eco friendly Ganpati Idol'

One of the most popular festivals followed by Diwali is Ganesh Utsav. The materials used to make Ganpati Idol are mostly plaster of Paris and synthetic paints which are the most dangerous chemicals responsible for polluting the environment. After the festival, the Ganesha idols are immersed at the various beaches lakes, and creeks across Mumbai and Thane city which can pose a serious threat to water quality and the flora and fauna. Considering these big issues, the DLLE initiated to conduct a workshop on 'Making of Eco-friendly Ganpati Idol' in association with the Entrepreneurship Development cell on 23rd August 2023. Ms. Divya Patil, a student of SYBCOM was the resource person who demonstrated how to make Ganpati Idol from moulding clay. She also painted the Idol by using natural colors. Total 96 students participated in the workshop along with 2 teachers.

Objective: To protect the environment by organizing a workshop to create awareness among the students about the consequences of using plaster of Paris and synthetic paints.

Outcome: The student pledged to use eco-friendly materials to make Ganpati idols and also purchased only those made by using eco-friendly materials.

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Swachh Bharat Abhiyan

The department of Lifelong Learning and Extension unit organized a cleanliness Drive on 3rd October 2023 under the Swachh Bharat Abhiyaan programme on the occasion of Gandhi Jayanti. The main aim of this programme was to create awareness among the students regarding cleanliness and its benefits. A total 23 students from the extension unit participated. Some of the students picked brooms and started the job. some of the students started picking wrappers lying scattered there. After collecting them they threw them into the dustbins. The importance of cleanliness was explained by the extension teachers to the students. At the end, students took an oath to keep our homes, locality, and city clean. It was a unique experience for all of them.

Objective: To create awareness among the students regarding cleanliness and its benefits.

Outcome: Students took oath to keep our home, locality and city clean.

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Report on ' Visit to Vatsalya Trust

The main motto of DLLE is 'Reach to Unreached ' With this aim, the department arranged a visit at Vatsalya Trust, Kanjurmarg on 7th December 2023. A visit to an orphanage was a life-changing experience, it was filled with emotions and sentiments. Mr. Gaurav Mane, manager of Head Office Manager elaborated on the functioning of the Trust. He said that they run different skill development courses like tailoring, computer basic, tally, etc to make children independent at the age of 18.


They had a total of 48 children including 27 infants in the orphanage. Sir also elaborated on how they take care of infants. Students could not stop their emotions after seeing the infants. After the visit, we were donated Rs.3000/- to the trust which contributed by teachers and students.

Objective: To inculcate social values among students and make them sensible towards their social responsibility

Outcome: Realised their role towards society especially for orphanages and determined to support orphanages at least in kind.


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A Report on 'Sanitary Pad Distribution'

The Department of Lifelong Learning and Extension Unit organized the 'Sanitary Pad Distribution' activity on 17th February 2024 at Chendani Koilwad, Kopri, Thane. Understanding periods and staying healthy during menstruation is a big issue in India. The department has undertaken the activity to create awareness among the women at Chendani Koliwada about the importance of hygiene and menstrual health. During the activity of sanitary pads distribution, the girls explained to them how to dispose off. It is observed that the used pads are hazardous to the environment and animals too.

Objective: To create awareness among illiterate women about the importance of hygiene during menstruation.

Outcome: Understood the importance of hygiene during menstruation and also aware about the care to be taken during these periods.

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Ext 24th April 2024 E-Waste Collection and Donation Drive

The Extension activities for the academic year 2023-2024 began in August with the project on 'E-Waste material collection'. The students of the extension unit appealed to the students of different classes, teaching and non-teaching staff, and residents near the college campus to participate and contribute to the environmental protection drive.

The students, teachers, and residents actively participated and collected e-waste materials weighing nearly 90 kg, which included chargers, headphones, mobiles, and other electronics.

The students of the extension unit displayed the chart at strategic places and created awareness among the students about the importance of project E-Waste. The project started in August and E-waste materials were handed over to E-Incarnation Recycling Private Ltd on 24th April 2024.

Objective: To create awareness among students and society about the harmful effects of electronic materials on the environment

Outcome: Students decided to dispose of the e-waste materials through a proper recycling agency

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Ext_5th October 2023 Report on Donation Drive for the Blind

Indian Association for the Blind (IAB) established by visually challenged activist Late Mr. S.M.A. Jinnah and a group of like-minded visually challenged people, based in Madurai, is a well-known non-profit organization working for the education, employment, and rehabilitation of people with a special focus on those living in rural areas. IAB is celebrating International White Cane Day for the blind to create awareness about the potential and problems of the visually challenged.

On receiving an appeal from this organization, a voluntary donation drive was carried out by the Extension unit on the campus from 5th October 2023 to 15th December 2023. Apart from voluntary donations from the faculty, students were requested to donate Rs.10 per flag.

Rs.10010/- amount sent to the IAB through DD. This was the small initiative taken by DLLE of the college towards a good cause. The drive encouraged the students to show their care towards society by sharing.

Objective: To sensitize students towards society and their responsibility.

Outcome: students understood the needs and requirement of the NGO of IAB and also their responsibility towards them

Abheer



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Department of Life Long Learning and Extension Unit
Details of Extension Activities Date wise and Number of students participated
Academic year 2023-2024

Sr.No	Date	Name of Activity	No of the students participated
1	24/06/2023	Tree Plantation in association with GTT and Barclay	22
2	21/7/2023	Session on 'Conservation of Mangroves'	89
3	05/08/2023	'Contaminated Water and Health Diseases	15
4	14/8/2023	Awareness campaign on 'Respect to flag'	26
5	23/8/2023	Workshop on 'Making of Eco-friendly Ganpati Idol'	96
6	25/08/2023	First Term Training Programme	62
7	3/10/2023	Swachh Bharat Abhiyan	20
8	7/12/2023	Visit to Vatsalya Trust, Kanjurmarg	18
9	22/12/2023	Second term Training programme	01
9	17/2/2024	Distribution of Sanitary pads at Chennai Koliwada, Thane	17
10	9/2/2024	Udaan Festival	04
11	16/8/2023 to 24/4/2024	E-Waste Donation Drive	200
12	5/10/2023 to 15/12/2023	Donation Drive for the Indian Blind Association	1200

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Dr. Usha Bhandare

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BLOOD DONATION CAMP: 18TH MARCH 2024

N.S.S. Unit of K. B. College of Arts & Commerce for Women had started the academic year 2023-2024 under the guidance of Dr. Deepak B Bansod and Mr. Jagdish Magar. NSS unit had organized blood donation camp jointly with K C College of Engineering, Thane in association with Civil hospital, Thane on 18th March 2024 at 10.30 am in College Premises.

Objective: The prime objective of the program was to inculcate the social feeling, amongst students and motivate them to help society and donating Blood Unit.

Context: A blood donation camp refers to a camp where blood is collected by medical professionals from suitable donors of various blood groups for various recipients who are in dire need of blood for various medical conditions. NSS unit had organized blood donation camp jointly with K C College of Engineering, Thane in association with Civil hospital, Thane on 18th March 2024 at 10.30 am in College Premises.

Response and Participation: On this occasion NSS Volunteers and students from various classes of K B & K C College had joined the program and gave information to the local people about Blood Donation Campaign. They had taken out a rally with social message and gave door to door information about the camp. During the camp they collected 27 units of blood.

Outcome: Students and locals liked the social work of Blood Donation Campaign. The society and students were very happy about the social message given by the NSS students. They also inculcated the Social values.

Feedback: The event was indeed an enriching experience for the student and faculty. They took back fond memories of the occasion.



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Tree Plantation Drive: Aug 2023

N.S.S. Unit of K. B. College of Arts & Commerce for Women had started the academic year 2022-2023 under the guidance of Dr. Deepak B Bansod and Mr. Jagdish Magar. NSS unit had organized Tree Plantation Drive on 17th July & 13th Aug 2022 in Thane East and on 28th July 2023 at Neral.

Objective: The prime objective of the program was to inculcate the social feeling, amongst students and motivate them to help society by planting saplings.

Context: Tree Plantation drives combat many environmental issues like deforestation, erosion of soil, desertification in semi-arid areas, global warming and hence enhancing the beauty and balance of the environment. NSS unit had organized Tree Plantation drives on 17th July & 13th Aug 2022 in Thane East and on 28th July 2022 at Neral.

Response and Participation: On this occasion NSS Volunteers and students from various classes of K B College had joined the program and gave information to the local people about Tree Plantation Campaign. They had taken out a rally with social message about the drive. During the drive 180 students had participated in the campaign and they planted 100 saplings.

Outcome: Students and locals liked the social work of Tree Plantation Campaign. The society people were very happy about the social message given by the NSS students. NSS Students also inculcated the Social values amongst them.

Feedback: The event was indeed an enriching experience for the student and faculty. They took back fond memories of the occasion.



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SEVEN DAYS RESIDENTIAL CAMP: 3RD TO 9TH JANUARY 2024

NSS Unit of College had organised Seven Days Residential Camp from 3rd January 2023 to 9th January 2024 at Village – Phanaswadi, Boarding at Kotwalwadi, Neral in our adopted Village. Camp was attended by 67 students, 3 staff members and 2 Non-teaching staff.

Objective: The prime objective of the program was to inculcate the social feeling, amongst students and motivate them to help society.

Context: Special Camping forms an integral part of National Service Scheme. It has special appeal to the youth as it provides unique opportunities to the students for group living, collective experience sharing and constant interaction with community. Special camping's are organised generally on various developmental issues of national importance. NSS Unit of College had organised Seven Days Residential Camp from 3rd January 2023 to 9th January 2024 at Village – Phanaswadi, Boarding at Kotwalwadi, Neral at Neral.

Response and Participation: On this occasion 67 NSS Volunteers from various classes of K B College had attended the camp and gave information to the local people. NSS Volunteers conducted various activities such as door to door awareness program, skit and rallies on various topics like|:

- “Swacch Bharat Abhiyan”,
- Save Girl Child,
- AIDS Awareness,
- Anti-dowry,
- Removal of Blind-faith,
- Save environment.
- Consumer Awareness,
- Anti-superstition and moral values and NSS objectives.

Outcome: Students and locals liked the social work various topics. The society people were very happy about the social message given by the NSS students. NSS Students also inculcated the Social values amongst them.

Feedback: The event was indeed an enriching experience for the student and faculty. They took back fond memories of the occasion. The purpose of the camp was to inculcate various values such as social, cultural, moral, educational and ethical.



Report

Committee : Health Club

Date : 06th March 2024

Total no. of participants : 90

Objective : To create First Aid Training awareness.

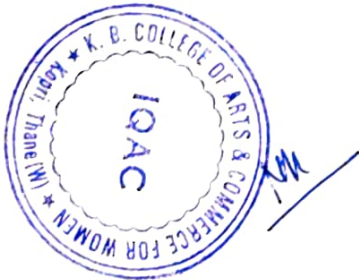
Report

The Health Club in association with the organization Namaste Health, a flagship project of INDIRADEV INFOTECH PVT. LTD. organized a session on First Aid Training Program 2023-24.

A 1 Hour session was conducted by the Volunteers of Namaste Health alongwith a plastic Surgeon Dr. Anshuman Manaswi from Bombay Hospital. Health club took initiative to impart knowledge on First Aid and its importance. The session was conducted on 06th March 2024 in the 3rd floor seminar hall at 9:00 a.m. Dr. Anshuman Manaswi from Bombay Hospital. spoke and made the session an interactive one with the help of Namaste Health volunteers Mr. Ravikant Gupta and Mr .Sarang Jain an, Mr.Rehman Shaikh. Number of students present for this session were 90. They thoroughly anticipated the knowledge imparted on the above subject during the session. The session was meaningful for students to understand issues related to Emergencies and techniques to overcome it.

Namaste Health, a flagship project of INDIRADEV INFOTECH PVT. LTD. is designed to help the public reach doctors instantly over video calls. This feature is very helpful in times of urgent need of a doctor like in Emergencies such as Heart Attack or stroke or any accident or Injury. But it is equally helpful at times of lesser problems such as diarrhea & Dysentery, vomiting, etc., or any health issue in the night when a doctor may not be available. Because of this advantage, this is the Mobile App that must be there with You, always.

Outcome : Students came to know about the emergencies and the techniques to deal with it.



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Committee : HEALTH CLUB

Date : 26th August 2023

Total no. of participants : 120

Objective : To carry out a routine free health check-up of students.

Report

The Health club conducted ONE DAY HEALTH CHECK-UP PROGRAM for students, teaching, non-teaching staff and for residents from neighbouring apartments. A team of Health Care takers (Homeopathy Doctor, Ophthalmologist, Physician, Pathologist and Assistants) visited the campus on Saturday, 26th August 2023 and carried out a mass health check-up campaign. Around 120 students including teaching and non-teaching staff benefitted out of this campaign. The Doctor not only did check-up but also gave free medicines as per the deficiency found in students. Dr. Madhavi khot gave a welcome address to the team of doctors.

The team consisted of 10 members wherein Physician, Ophthalmologist, Pathologist along with others assistance carried out individual checkup of students. The Body Mass Index, Blood Sugar, Blood Pressure was checked and later the doctor examined and did further consultation. After consultation the students were recommended medicines if needed. Doctors explained to the students the changing food habits and its adverse effect on health. She advocated simple Indian food and discussed tremendous benefits of Yoga in enhancing physical and muscular strength, maintaining balance and improving stamina. The ophthalmologist did the eye testing with the help of technical medical equipments. They also offered a subsidized rate for all those who wanted to make spectacles or buy reading glasses from them.

Students from all streams were present in the seminar hall. More than 120 beneficiaries took advantage of this campaign.

Outcome : Students benefitted through the Free health check-up campaign.



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