



EXCELSSIOR EDUCATION SOCIETY'S

# K. B. COLLEGE OF ARTS & COMMERCE FOR WOMEN

Mith Bunder Road, Kopri, Thane (E) Mumbai- 400 603. ☎ : 2532 6496

Ref. No. K.B./

Date :

## **REPORT OF NSS ACTIVITIES 2022-23** **K B COLLEGE OF ARTS AND COMMERCE FOR WOMEN, THANE.**

The National Service Scheme was started by Government of India, Ministry of Education and Culture, Govt. of India, in Collaboration with State Government in the year 1969 in 37 selected Universities. Mumbai University has been participating in the scheme right from its inception. At present the scheme is run by the ministry of Youth Affairs & Sports in Central Government and Department of Higher & Technical Education in State Government.

### **AIMS AND OBJECTIVES**

1. Understand the community in which they work.
2. Understand themselves in relation to their community.
3. Identify the needs and problems of the community and involve them in problem solving process.
4. Develop among themselves a sense of social and civic responsibility.
5. Utilize their knowledge in finding practical solutions to individual and community problems.
6. Develop competence required for group living and sharing of responsibilities.
7. Gain skills in mobilizing community participation.
8. Acquire leadership qualities and democratic attitude.
9. Develop capacity to meet emergencies and natural disasters
10. Practice national integration and social harmony.

**K B College of Arts and Commerce for Women** have a shiny NSS unit which has been established with a fundamental objective of providing a platform for the interested students to contribute in social work during their free time. The Unit has 200 Volunteers enrolled under the guidance of Two Program Officers.

### **The report of the activities of the unit for the academic year 2022-23**

#### **1. Enrolment drive and Orientation program:**

Enrollment drive was conducted in the month of July and enrolled 200 volunteers for the year 2022-23. In order to orient the newcomers an orientation cum training program was organized on 17<sup>th</sup> July 2023. Prof. (Dr.) Deepak B Bansod and Dr. V K Raje gave information to the students about the NSS motto, aims, objectives, and how to work for the betterment of society and self-development.

## **2. Yoga Day:**

International Yoga Day is celebrated on 21 June every year to highlight the importance of Yoga and its benefits on our mind and body. International Yoga Day, also known as International Day of Yoga, is a day to celebrate the Indian practice of yoga and to raise awareness about its importance. NSS students had assembled in seminar hall on 21<sup>st</sup> June 2022 at 8.00 am and did the yoga.

## **3. No Drugs Campaign:**

UN leads the global campaign to raise awareness about the major challenge that illicit drugs represent to society as a whole, and especially to the young. The goal of the campaign is to mobilize support and inspire people to act against drug use. UN encourages as many awareness-raising activities as possible around the globe and invites individuals, non-profit organizations, the private sector and Member States to get involved by Organizing outreach or institutional events to mark 26 June, the International Day against Drug Abuse and Illicit Trafficking, Spreading the word about the campaign through your own networks and contacts, Using the campaign slogan and logo in promotional products, websites and social media, etc. University of Mumbai NSS Unit had organised a session on 24 June 2022 by Mr. A Ghawate, IRS, Zonal Director, NCB, Mumbai, on zoom platform for giving them information on same.

## **4. Cybercrime awareness:**

The students of NSS were assembled together for an awareness of cyber-crime and how to stay safe while using the internet and mobile phones. The event was organised under the guidance of Engg. Mr. Pratap Nair on 19<sup>th</sup> December 2022. He also gave knowledge about how the youth nowadays misuse the benefits of technology. The event took place for an hour and was an interactive session held for the benefit of the students.

## **5. Tree Plantation Drive:**

NSS Volunteers actively participated in Tree Plantation drive organised in Kopri, Thane East and Neral Village. Students planted saplings on 17<sup>th</sup> July and 28<sup>th</sup> July 2022 respectively.

## **6. Har Ghar Tiranga & Flag awareness drive: 14 August 2022**

The main purpose of this event is to make citizens aware about Har Ghar Tiranga program and tri-colour pride. It is found that every year next day of national festivals, plastic and paper tri-colour flags are found on roads, in dustbins and in gutters which is insult of the nation. NSS volunteers spread awareness amongst the students of college and their neighbourhood. NSS volunteers appealed and made people aware not to throw flags anywhere and if found they can pick it up.

## **7. Celebration of Independence Day: 15 August 2022**

NSS unit actively participates and celebrates Independence Day every year. The day started with flag hoisting ceremony and the national anthem. This year also students performed Unity rally and sung songs on patriotic theme.



## **8. Malaria and dengue awareness:**

NSS volunteers gave information on Malaria Awareness Campaigning and conducted door to door awareness program in adopted village. They gave thorough information regarding causative agent of Malaria i.e. Mosquito consisting of their types, source, life span, preventive measures for decreasing the spread of Mosquito, information regarding symptoms of a Malaria infected person.

## **9. Personality Development Program**

A lot of people go to Depression due to Stress and Failure in their respective lives. In order to help People to overcome stress at difficult times, Shri Jeevan Vichare Sir had conducted a session for the NSS volunteers and later Stretching / Meditation session was conducted for rejuvenation purposes.

## **10. Energy Saving Project:**

As instructed by the University of Mumbai NSS cell, we have established an Energy Conservation cell in our college. Our Energy Conservation cell was very active throughout the year. They gave information on how to reduce electricity bills of various homes.

## **11. Note Book Preparation and Distribution:**

Our NSS Unit was very active throughout the year for Note Book Preparation drive. They prepared 80 Note books from the used books of last year collected from NSS Volunteers and Other College Students. They distributed books to poor students on during the residential camp in our adopted village.

## **12. NSS Day Celebration:**

NSS was formally launched on 24th September, 1969, the birth centenary year of the Father of the Nation. Therefore, 24 September is celebrated every year as NSS Day. All NSS students of celebrated NSS day by performing skits to create awareness on the topics like status of women in India, blood donation, etc., the students also sang songs of NSS.

## **13. Motivational and orientation:**

NSS volunteers were motivated and oriented by Mr. Jeevan Vichare, Thane District Coordinator on September 2022 and Dr. Surykant Umrejakar, Thane Area Coordinator on 1<sup>st</sup> October 2022.

## **14. Peace Day & Bhajan Sandhya:**

Volunteers were given information on ideals and philosophy of Mahatma Gandhi by Shri Bajrang Sonawane of Sarvodaya Mandal, Mumbai. Our volunteers participated in Bhajan Sandhya on 2nd October, 2022 organised by University of Mumbai at Gateway of India.

### **15. Fit India Campaign:**

NSS Volunteers had participated in Fit India Campaign on 8<sup>th</sup> October 2022. Volunteers did the activities like fitness exercise and jogging from college campus to Shri Swami Samarth Math, Thane East.

### **16. Swacch Bharat Abhiyan:**

Pledge was administered at college by students and staff. Posters were put up on the notice boards and camps to aware students about cleanliness. Class to class awareness programmes were organised to aware students. Skit was performed on Swacch Bharat abhiyan by NSS Volunteers at Neral, nearby slum area and also the college campus. Door to Door campaign conducted by the students in village to aware children about Cleanliness drive at Village Phanaswadi, Neral.

### **17. Celebration of Constitution Day:**

NSS Unit organized the celebration on the Constitution Day on 26<sup>th</sup> November 2022; where in Adv Sagar Bansode from Law department addressed the students, and educated them with the history and importance of constitution in India. They read the preamble and distributed it to the society people by explaining its importance.

### **18. AIDS awareness program**

AIDS awareness program in the campus, adopted village and slum area were organized by the unit. The volunteers created awareness about HIV/AIDS its causes as well as to make people know as to how it can be prevented. They gave information to students by going in each classroom; organising door to door awareness campaign in adopted village, the volunteers yelled out slogans in the local languages Hindi and Marathi.

### **19. Celebration of Republic Day: 26<sup>th</sup> January 2023**

NSS unit actively participates and celebrates Republic Day every year. The day started with flag hoisting ceremony and the national anthem. This year also students performed dance, singing as on patriotic theme as usual.

### **20. Blood donation camp: 09<sup>th</sup> Feb 2023**

NSS unit had organized blood donation camp jointly with K C College of Engineering, Thane and had collected 51 units of blood in association with TMC hospital Kalwa on **09<sup>th</sup> Feb 2023** in College Premises.

### **21. Seven Days Residential Camp:**

NSS Unit of College had organised Seven Days Residential Camp from 17<sup>th</sup> January 2023 to 23<sup>rd</sup> January 2023 at Village – Phanaswadi, Boarding at Kotwalwadi, Neral in our adopted Village. Camp was attended by 100 students, 3 staff members and 2 Non-teaching staff. NSS Volunteers conducted various activities such as door to door awareness program, skit and rallies on various topics like:

- “Swacch Bharat Abhiyan”,
- Save Girl Child,
- AIDS Awareness,
- anti-dowry,
- removal of Blind-faith,
- Save environment.
- Consumer Awareness,
- Anti-superstition and moral values and NSS objectives.

The purpose of the camp was to inculcate various values such as social, cultural, moral, educational and ethical.



  
**Principal**  
K. B. College of Arts & Comm,  
Kapri, Thane (E)



Enrolment drive and Orientation program



Yoga Day



Tree Plantation 1



Tree Plantation 2



75<sup>th</sup> Independence Day Celebration





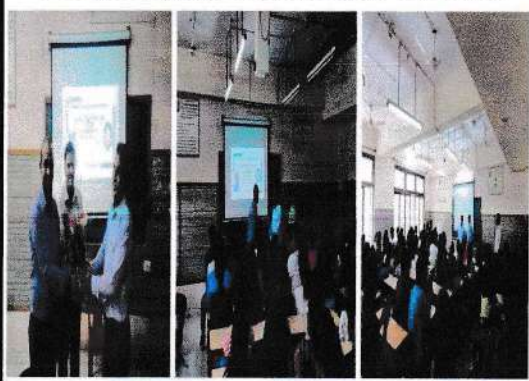
Motivation & Personality Development



Motivation & Personality Development



Orientation and Interaction Session- 1 Oct 2022



Fit India Campaign – 8<sup>th</sup> October 2022



No Drug's Campaign

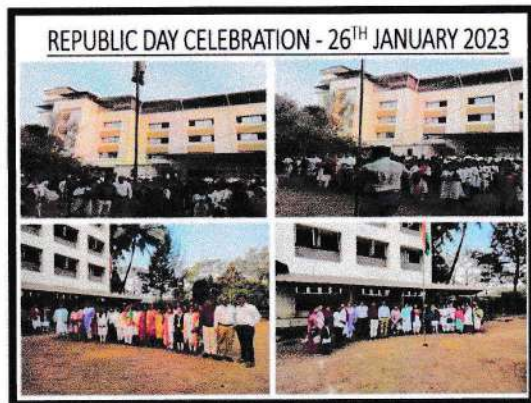
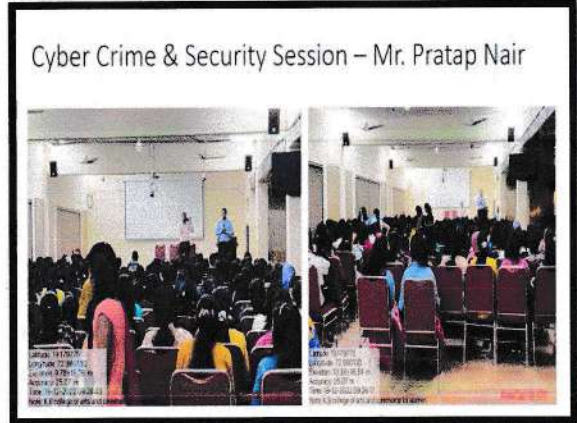


CONSTITUTION DAY - 26<sup>TH</sup> NOVEMBER 2022





Constitutional Day Program – Adv Sagar Bansode 26<sup>th</sup> November 2022





**Blood Donation Camp: 09<sup>th</sup> Feb 2023**







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## **Extension Unit- Annual Report 2022-23**

The enrollment process of Department of Lifelong Learning and Extension Unit commenced in August, 2022. In all 72 students enrolled for the extension programme and chose SWS (Status of women in society), Career Planning (CP) and Annapurna (APY) projects. The first term training programme for the student manager and teachers was organized on 23rd August 2022 at SST college, Ulhasnagar by University of Mumbai. District coordinator of each zone elaborated all projects with detailed and guided how to conduct the project activities. They answered all the students and teachers queries satisfactorily.

A very innovative activity carried throughout the year such as Ek Pouda Dosti Ke Naam on the eve of Friendship day, workshop on Making of Eco friendly Ganpati Idol, practical demo session on homemade compost pit, awareness campaign on various issues such as respect to the flag, anti-plastic and so on. The students carried out online survey work in January and February 2023. This year the most awaited and interesting activity of DLLE 'UDDAN' was organized at the B.N. Bandodkar College, Thane. The students of Extension unit participated in Poster making and Skit competitions. It was a very good platform for the students to showcase their talent in offline mode after a COVID-19 Pandemic.

This year, most of the work were normalized after lockdown due to COVID-19 pandemic and also colleges conducted activities in offline mode in college campus as well in the community.

The extension project work completed end of February. The evaluation was done in the month of April and after proper evaluation and screening, the reports were submitted to DLLE department. As per instruction and circular received by DLLE, completed the major work of Annexures 9 and submitted to DLLE in the month of April. Out of 72, total 62 students were successfully completed the project.



**Following Activities are carried out for the Academic year 2022-2023 by DLLE**

Poster Making Competition on Anti Plastic

Tree Plantation Drive at Kopri, Thane

Paper and Cloth Bags distribution on the occasion of World Conservation day

Ek Pouda Dosti ke Naam' on the eve of Friendship day

Awareness campaign 'Respect to Flag'

Workshop on 'Making of Eco friendly Ganpati Idol

Donation Drive for Indian Blind Association, Madurai, Tamilnadu

Session on 'Tension Free Success' by Manashakti research centre

Visit to Self-esteem foundation for disabled, Airoli

Poster making competition and exhibition

E-Waste Donation Drive

Workshop on 'Home made compost pit



**Dept. of Lifelong Learning and Extension Unit**



  
**Principal**  
**K. B. College of Arts & Comm**  
**Kopri, Thane (E.)**

2022-2023



E- Waste Donation Drive



Poster Making Competition and Exhibition at Kaladalan, Kopri, Thane





### Visit at Self Esteem Foundation for Disabled, Airoli



### Workshop on Making of Ganpati Idol



