AARHAT MULTIDISCIPLINARY INTERNATIONAL EDUCATION

RESEARCH JOURNAL (AMIERJ)

Volume-VII, UGC Approved Journal No 48178, 48818 Special Issue–XXII, ISSN 2278-5655, 26 May , 2018 EduIndex Impact Factor 5.18

One Day International Conference

On

QUALITY CONCERNS IN EDUCATIONAL WORLD

Organized by

ELISIOR EDUCATION SOCIETY'S

K.B.COLLEGE OF ARTS & COMMERCE FOR WOMEN, THEA ME

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26 May 2018

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A STUDY ON WORK-LIFE BALANCE OF DEGREE COLLEGE TEACHERS:

IMPACT ON LEARNER

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Abstract

Classrooms can survive without I pad and computer, but never without inspirational teachers. 'Education is not a filling of a pail, but the lighting of a fire' William Butler Yeats

The seven pillars of the education is Listening, Reading, Thinking Conversation, Meditation, observation and innovation. Teachers must know that the principle goal of education is to create people who are capable of doing new things. Because students say: Tell me and I forget, Teach me and I Remember, Involve me and I learn. The changing examination pattern increases the burden on the teachers. Now, the teacher's role is not restricted to the classroom teaching, but extended in preparation of lectures for the next day at home also. The changing examination pattern(CBCGS) and obligation of using ICT in teaching methodology forcing the teacher to spend more time in the college premises. Due to which he/she could not able to manage her both life, i.e. personal life and work life. It lies on the responsible shoulders of the teacher to change the lives of millions of students. Hence, the necessity of the teacher to make him / her mentally and emotionally balanced. To get the answers of this, the researcher prepared questionnaire and collected data to find out the impact on learners.

Key Words : Work-Life Balance, CBCGS, ICT

Introduction

Teaching is the act of imparting knowledge, skills, providing activities, materials, direction and guidance by way of lecture, demonstration, seminar or any appropriate method that facilitates the learning of students in an educational institution. Teaching is an act of sharing of knowledge, values, understanding, skills and competencies of the learned person, i.e. teacher with the learning person i.e. student. Learning is the process of improving behavior by acquiring new knowledge, values, skills and such other competencies in different fields. To teach means to help the learner to learn. Teaching method plays the most important role in the initial training of the teachers. In many educational institutions, teachers use classroom teaching, where teachers read matter from the textbooks and explain in the classroom with the help of the chalkboard which normally fails to create interest and motivation among students. No doubt sometimes college or institution's infrastructure also not developed or it is not technology based. But now use of innovative teaching methodology such as ICT is made mandatory under the NAAC criteria, which forced the teachers to become techno savvy and familiar with all ICT knowledge. Due to this, teachers need to spend more time to learn computer and hence, could not able to spare time with family which resulted the imbalance work life.

Objective of the study

- 1) To study the enhancement of quality teaching.
- 2) To find out various teaching aids that help the teacher to attract the attention of the students.

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To find out the imbalance work life of teachers and its impact on learner.

Research methodology

Data sources

primary data have collected through questionnaires. Questionnaire categorized into two parts ie is questionnaire for the teachers and questionnaires for the students.

We tried to collect the information through questionnaire that does students performance really enhance by new reaching aids in teaching.? And work life balance of teachers.

Hypothesis

 H_0 . There is no significant relationship between gender and no of hours spend to learn computer.

Female teachers spend less time to learn computer

The followings suggestions should implement by the teachers to enhancement in quality education

- Quality books :- Today, most of the books are being taught in our schools and colleges are not authored by competent teachers and same is recommended to the students. Even the curriculums which is framed, not assist 1) the students in their career development. Books should be written by competent teachers who have their knowledge of the subjects. State government also take lead to published it without any expectations of money. Curriculum also to be framed which help students in their day today practical life.
- 2) Teachers Training Institutes :- There should be teachers training institutions for the college and University level teachers. But in India we had only Training Institution for school teachers and having orientation and refresher course for the college and university teachers. The main purpose of these courses though to enhance knowledge about of different teaching methods and how to utilized for the benefits of the students, those courses only for higher grade. There should be an Institution in each university which will provide good training to the teachers before he or she joint teaching profession in a college or university. During the training teachers should train about latest teaching methods along with subject related knowledge. The latest teaching method includes power point presentation other innovative techniques like teaching through forming Email Groups of the students.
- 3) Choice based credit system: The system of Examination and process of evaluation are most important components of any education system. The curriculum should be designed in such a manner that each subject has a certain number of credits equal to number of teaching hours in a week and there should be obligatory to the students to earn certain number of credit to pass. There should be freedom to the students to choice the subject course in which they are interested and that credit points should be considered. Last year University of Mumbai introduced this scheme for B.com students.
- 4) Human Resource Evaluation Centre :- Teachers evaluation is necessary in every 3 months or 6 months. But unfortunately many college/Institutions not evaluated the performance of the teachers. If colleges evaluate the performance through collecting feedback from the students will definitely facilitate the teachers to enhance

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their teaching skill and they can innovate new ideas to create interest among students of their subject through the creative skills. Not only feedback from students but also feedback from the desk of principal enables teachers to make improvement in their teaching skills.

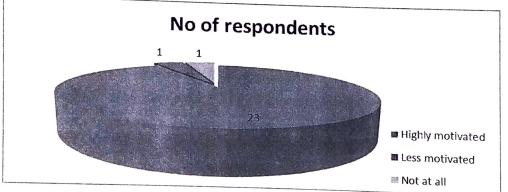
5) Faculty development need

Faculty is regarded to be an important component in the education process. Continuous enhancement and up gradation of a conceptual knowledge, practical skills and competences of faculties in their respective specialiesed subject in order to ensure a quality education to younger generation has obviously became the great concern of all the academic institutions across the globe. An share of knowledge, ideas and experiences between and among the colleagues will surely help a teacher in improving his or her professional knowledge. Fruitful interaction and deliberations with colleagues and subordinates will really bring forth new skills, experiences, practices, values and policies.

QUESTIONNAIRE FOR THE STUDENTS

Q.NO.1 To what extend teachers discussion motivates you?

Options	No of respondents	% of respondents
Highly motivated	23	
Less motivated	01	92
Not at all	01	4
Total	25	4
	2.5	100%



Interpretation :

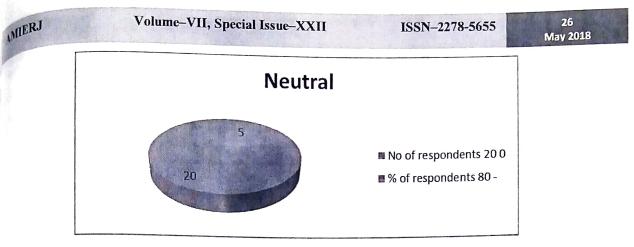
To answer this questions 92% students responded positively and they are highly motivated through teachers discussion in the class room.

Q.NO.2 Does teacher use	I innovative ideas in teaching?
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Options	No of respondents	% of respondents
Yes	20	80
No	00	-
Neutral	05	20
Total	25	100%

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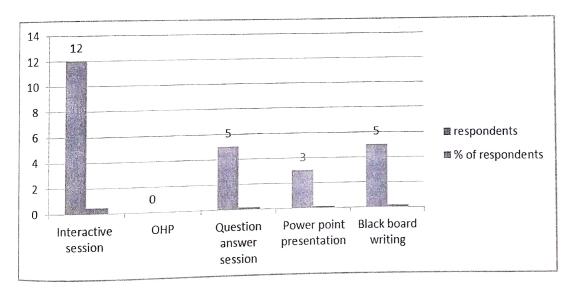


Interpretation :

Nearly 80% students responded positively and they answered that teachers are used innovative ideas in their aching method.

 $_{0,NO.5}$ Which teaching aids you like most in the class room?

Options	No of respondents	% of respondents
Interactive session	12	48
OHP	00	-
Question answer session	05	20
Power point presentation	03	12
Black board writing	05	20
Total	25	100%



Interpretation

It is clear that many of teachers used interactive method in the class room teaching and nearly 12 students ^{responded} to this questions.

QUESTIONNAIRE FOR THE TEACHERS

Q.NO.1. How much time do you spend in learning computer to make effective teaching?

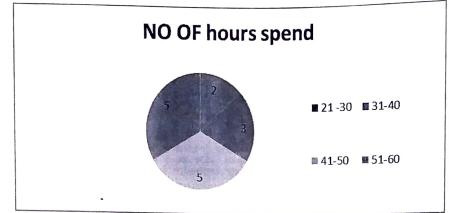
 NO
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ISSN-2278-5655

Age group	spend	REPONDENTS
21 - 30	2	13%
31-40	3	20%
41-50	5	33%
51-60	5	34%
TOTAL	15	100%

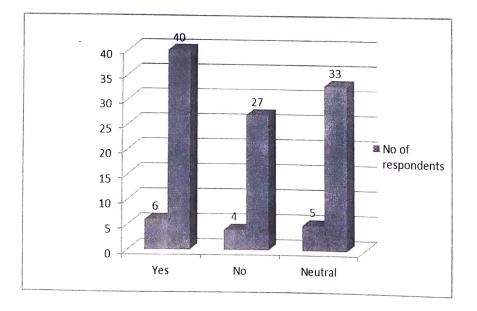


Interpretation :

It is found that higher age group spend more time to learn computer than the yonger age group.

Q.NO.2 Do you think that you spend sufficient time with your family ?

Options	No of respondents	% of respondents
Yes	04	27
No	06	40
Neutral	05	33
Total	15	100%



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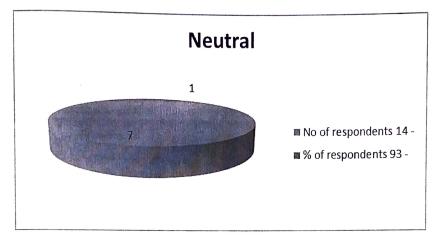
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^{wrly} 40% teacher agreed that they could not spend time with their family despite selecting teaching profession.

 NO , 3. Do you feel that using new teaching learning methods will enhance the student's performance?

Options	No of respondents	% of respondents
Yes	14	93
No	-	-
Neutral	01	7
Total	15	100%



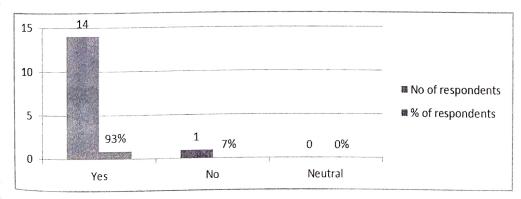
Interpretation

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with the teachers responded positively to this questions. They said that teaching aids really enhance the students reformance.

0.0.4 Do you think that increased work load affect on your health and negative impact on work life?

Options	No of respondents	% of respondents
Yes	14	93
No	01	7
Neutral	-	-
Total	15	100%



Interpretation

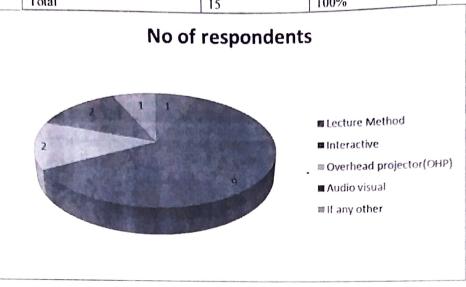
⁹³[%] teachers said that well equipped infrastructure facilities enhance the interest in the mind of teachers.

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Options	No o respondents	f % of respondents
Lecture Method	01	7
Interactive	09	60
Overhead projector(OHP)	02	13
Audio visual	02	13
If any other	01	7
Total	15	100%

Q.NO.5 Which teaching methods would you like to prefer in the class rooms?



Findings of Hypothesis

Analysis of Data and Interpretation

Gender-wise distribution of responses related to the no of hours spend to learn computer

Table No	I
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Gender	1-2 hr	2-4 hr	4-6 hr	Total
Male	5	2	1	08
Female	2	3	2	07
Total	07	05	03	15

Interpretation

The above table described the Gender wise responses related to the above specified question.

- 1) Out of 8 male respondents, 5(62.5%) were spend 1-2 hr to learn computer followed by 2 (25%) respondents spend 2-4 hr and only 1(12.5%) spend 4-6 hrs to learn computer.
- 2) Out of 7 female respondents, the majority 3(43%) respondents spend 2-4 hrs to learn computer followed by 2(28%) spend 1-2 hr and remaining 2(29%) spend 4-6 hrs to learn computer.

Hence, it is found that the majority of male (62.5%) respondents compared to female spend more time less time to lern computer.

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R^{Sult of} Hypothesis testing R^{Sult of} Hypothesis Testing

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$\chi_e^2 = \sum \frac{(O_i - E_i)^2}{E_i}$

Oi	Ei	$(\text{Oi-Ei})^2 \div Ei$
5	3.73	0.43
2	2.67	0.16
1	1.6	0.22
2	3.26	0.48
3	2.33	0.19
2	1.4	0.25
Total		1.73

Interpretation

Looking up the chi square value 1.73 in the x^2 table for 2 degree of freedom, the probability of this result is 5.99. Hence, H₀ is accepted, i.e. there is no significant difference between gender and no of hrs spend to learn computer. The chi square value is less than critical value).

Endings and Suggestions

- 1) Female teachers spend more time to learn computer compared to male teachers
- 2) The higher authority should support to teachers in maintaining a good work- life balance
- 3) Institution should provide infrastructure facililty such as computer, well equipped class rooms to the teachers

Conclusion

he aim of teaching is effecting of learning in the students. In the arena of classrooms, the miracle of teaching appens through teaching methodologies. The research paper is based on primary data collection. During survey he researcher came to know that in many colleges, due to lack well equipped infrastructure facility at the workplace, teachers joined the private computer classes. Hence, there is need to conduct training programme for the teacher in the institution. It is also found that due to insufficient time to take care of their physical health, teachers uffering many health issues such sleep disorder, dibeties, blood pressure and so on. Thus, there is need to find out ways to make implementation of constructivist approach easier to make how our education system succeeds in temaining broadly traditional system and also teacher will success to maintain a good work life balance.

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