15

K. B. COLLEGE OF ARTS & COMMERCE, KOPRI, THANE (E) Annual Report of N.S.S. Activity and Special Camp for 2019-2020

N.S.S. Unit of K. B. College of Arts & Commerce for Women had undertaken two projects in the adopted area Phanaswadi, Neral, Dist -Raigad i.e. (i) Health & Hygiene & (ii) AIDS Awareness. Through NSS activities students made people aware of health and social problems and their remedies.

As per suggestion of NSS Unit University of Mumbai, many activities were conducted like tree-plantation, street play, door to door campaign, Blood Donation Camp, Disaster Management, Discipline maintained during Ganpati Festival, rallies on various causes along with celebration of Independence Day, Republic Day, NSS Foundation Day, Teacher's Day, AIDS Awareness Day, etc.

Other University Projects like Note book Preparation & Distribution along with save electricity project were undertaken. The blank pages of old note books were made into a new note book, which were donated to school children.

In Save electricity project students informed villagers different methods to save electricity.

BLOOD DONATION CAMP 11TH FEBRUARY 2020

K.B. College of Arts and Commerce for Women had organized a Blood Donation Camp in College Campus, Kopri, Thane - East from 9.00 am to 2.00 pm on 11th February 2020 in association with Thane Municipal Corporation's Shivaji Hospital, Kalwa. NSS volunteers organised a door to door campaign in Thane East and college classroom for the donation of Blood Unit. 131 volunteers had participated in the drive. In all total 81 units of Blood was collected in the camp. In all the camp was very successful.

NSS RESIDENTIAL CAMP

Date: 16th December 2019 TO 22nd December 2019 Venue: KOTWALWADI TRUST, NERAL, DIST RAIGAD.

NSS Unit of K B College had organised NSS residential camp from 16th December 2019 to 22nd December 2019 at Village Phnaswadi, Kotwalwadi trust, Neral, Dist Raigad.

- No. of Volunteers participated
- :75
- No. of Teaching Staff :04
- No. of Non-Teaching Staff :01



ACTIVITIES PERFORMED:

- Personality Development Session: Prof. Jeevan Vichare
- Leadership Development: Dr Vinayak Raje
- Importance of Residential Camp session: Ms Sandhya Tai
- Disaster Management: Prof Ashok Poojari
- Blind Faith eradication : Rajendra Koli
- Importance of Women Empowerment Prof. Usha Bhandare
- Other activities were Literacy Drive, Cleanliness Drive, Health and Hygiene, Women Empowerment, Importance of Environment etc.





K. B. Oollege of Arts & Comm Kopri, Thane (E.)

Tree Plantation



Anti Tobacco Pledge





Independence Day Celebration



Note Book Preparation





02nd October Gandhi Jayanti



Donation Drive For Flood Affected





NSS Founders Day Celebration



Constitutional Day Celebration





Few Photo's of NSS Residential Camp



Few Photo's of NSS Residential Camp





K.B.COLLEGE OF ARTS AND COMMERCE FOR WOMEN

Extension Unit- Annual Report 2019-20

- 16

The activities for the year 2019-20 commenced with the enrollment process with Department of Lifelong Learning and Extension, University of Mumbai in July and August 2019. In all, 76 students enrolled for the extension programme and selected three projects i.e., SWS (Status of Women in Society), Career Planning and Annapurna. The first term training programme for the students was conducted in college on 29th August, 2019 by designated DLLE field coordinatorDr. Vinda Manjramkar. She gave a guidance lecture to students and answered all the students'queries satisfactorily. The students carried out survey work in October, November and December 2019. A variety of food stalls like Bhel, Idli, Juices, Tea, Poha, Manchurian, Pani Puri, etc were kept throughout the year under Annapurna Project. The Annapurna Project helped to inculcate entrepreneurship skill among the students.

The second term DLLE training was held on 20th Dec, 2019 at SICES Degree College of Arts, Science and Commerce, Jambhul Phata, Chikholi, Ambernath. The training was based on completion of project reports. The second term training session for the students by field coordinator Dr. Vinda Manjramkar was held on 4th Jan 2020 in the college. In this session, she explained the process of analysis of the data collected, report writing and documentation required for project. The Udaan festival was held on 31st Jan, 2020 at Shri Sidh Thakurnath College of Arts and Commerce, Ulhasnagar. Total 13 students and 2 faculty attended the festival. Twelve students participated in the street play based on Education System and one student took part in poster making competition. Then the festival was ended with the certificates distribution by DLLE Director Dr. Dilip Patil and was followed by DJ for the student. The students had a great learning experience at the annual DLLE festival. The assessment of the student projects was supposed to carry out in the month of March 2020, but due to Covid-19 pandemic, the evaluation was done on online mode, after a proper evaluation and screening, the reports were submitted to DLLE department. In all75 students successfully completed the project.

Following Activities are carried out for the Academic year 2019-2020 by DLLE-

➢ E-Waste Drive.

2

- Celebration of Raksha Bhandan and 15th August, at Self-esteem foundation for disabled, Airoli.
- Donation Drive for Indian Association for the Blind, Madurai, Tamilnadu Oct & Nov-2019.

- > Exhibition of handicraft products made by disabled students.
- Anti-plastic awareness campaign.
- > Traffic Awareness Campaign.
- > Rally on Women Safety and Traffic Safety Raising Day.
- > Awareness Campaign on 'Respect to Flag' on 25th Nov, 2019.
- > Paper Bag distribution at Kopri village.
- Best out of Waste- The waste water bottle were used in which, the sprouts and water was poured for the birds.
- E-Waste was donated to authorized center on 8th Feb 2020 and E-waste certificate was obtained.
- > Plastic was donated to TMC and appreciation certificate from TMC was obtained.

Department of Lifelong Learning and Extension Unit



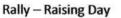


R7_-

Principal K. B. Oellege of Arts & Comm Kopri, Thane (E.)

Exhibition of handmade products made by Disabled from Self Esteem Foundation, Airoli







Paper and Cloths Bags Distribution at Korpi, Thane





Celebration of Raksha Bandhan and 15th August at Self Esteem Foundation for Disabled, Airoli



^{के. बी. महिला महाविद्यालय, ठाणे आयोजित} 'अपंग व मतिमंद मुलांसोबत रक्षाबंधन सोहळा' उत्साहात संपन्न

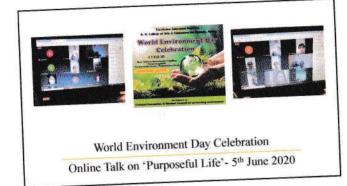
महानिवयारुव, उग्रंभ महाविद्याल्यारुवा ही, एह. एह ा. व एक्सटेवरान विश्वासने होरोजी रेवाले क्संग मुर्हावेराज का करता कासटेवरवा 'वेरफ एस्ट्रीय महावेराज का दिकोक्ट' या केस्टार्फना संस्कर्मनात का कामाकरण नेपाळवा प्रकार के का स्वार्थकार्म एक कामाकरण नेपाळवा प्रकार के का स्वार्थकार प्रकार कामाकरण नेपाळवा प्रकार के का स्वार्थकार एक राजावेयन नेपालिकारेका येन प्रारच्यापकार्तना सक्रियन प्रमुख २२ किस्टार्किताकेका येन प्रारच्यापकार्तना सामित्र प्रमुख २२ किस्टार्किताकेका स्वार्थकार का स्वार्थकार स्वार्थकार नेपाल के का स्वार्थकार स्वार्थकार होडाक्स्वा केस्ट्री व व्याप्रकार्तीय स्वार्थकार स्वार्थकार सामाना केस्टार्ड नेपाल केस्ट्री का स्वार्थकार स्वार्थकार होडाक्स्वा केस्ट्री व व्याप्रकार सामाना केस्टार्थकार सामाना केस्टार्थकार सामाना केस्टार्थकार सामाना केस्टार्थकार केस्ट्री का स्वार्थकार सामाना केस्टार्थकार सामाना केस्टार्थकार सामाना केस्टार्थकार सामाना केस्टार्थकार सामाना केस्टार्थकार सामाना केस्टार्थकार केस्टार्थकार सामाना केस्टार स्वयबाहणांच्या अनु2 नात्यानां पारपारिक रक्षावंधान सिंहडा अबस्याने आस्मयवा विद्यार्थांनीना त्याना सिंहधीड खाऊ फार्डुन हा दिखस साजस केला. या सार्व्हणविष्यारा समार्थभाने आसच्या पुल्डीना खुप बाह्या विष्कायका समार्थभाने आसच्या पुल्डीना खुप

या काल्यक्रमाच नतुत्व व समन्वय, डा. उधा भंडीर य प्रा प्रज्ञा गरंड बांनी महातिज्ञालयाच्या प्रायार्थ औ. रेणु किंतेरी योच्या मार्गदर्शनाळ्याली करे. स्तिवेच या कत्र- निवित्ता यांनी विशेष योहनत घेरूक मेल्लचे सहकार्य केठे.





Mask stitching and Distribution During COVID-19





3

Annual Report 2019-20

Women development cell and Health club

Women development cell is one of the most important committees in K.B. College of Arts and Commerce for Women. Women development cell not only focuses on women's issues, but also takes care of the overall personality development of our young girls. The activity of women development cell started with a Session on yoga on 18th June, 2019. Our chief guest for this event was Mrs. Geeta Raut and Ms. Bhumika Gohil who are yoga therapists and have been practicing yoga for past 8 and 3 years respectively. They visited our college on behalf of International Naturopathy Organization (INO) and Ministry of Ayush along with Tatva Nisarga Upachara Kendra under the guidance of Mrs. Renu Vyas. International Yoga Day is celebrated every year on 21st June to raise awareness worldwide about the benefits of Yoga in daily life. Health club of the college started activity for the Academic year 2019-20 with celebration of 5th "International Yoga Day" on Friday 21st June 2019. Teachers and large number of students participated on the occasion of yoga day.

Gender inequality is a long-term problem in our society. Women empowerment through gender sensitization is one of the key criteria to unlock the potential of women. In order to spread gender sensitization in our college, Women development cell had organized a **lecture on Gender Sensitization and Pre-marital counseling on 24th June 2019.** Above 100 students participated in the event. Women development cell gives more importance on the development of the skills of our students. For this purpose, the committee decided to conduct one **workshop on quilling**. The workshop started from Friday 12th July to 30th August 2019. In this workshop the students were trained by our own students who have got trained in quilling. Women Development Cell organized a **lecture on Sexual harassment of women at workplace** in collaboration with NGO Stree Mukti Saghatana on 2nd March 2020. The resource persons were Mrs. Shobha Kokitkar and Karuna Ghate.

Young learners are the best messengers to spread the awareness of the social and global issues and their voice do leave an impact on ones' mind. To bring out the acting talent, flair of the students and to spread the message of humanity, Women development cell organized an **intra collegiate skit competition** on 15th September 2019. Total 55 students participated in the skit competition. Health Club organized **30 Hours Add on Course on Yoga** for our students. Total 18 students participated in yoga. Sessions were conducted by yoga instructors Mr. Vinayak Desai and Mrs. Usha Maole from Shree Ambika Yogashram, Thane-West. We arranged the add on course from 11th September 2019 to 3rd October 2019.

The second term activities of WDC and Health club started with a lecture on PCOS and Cholestrol Awareness by Mrs. Pushplata Dumbre who is working as a nutrition & diet



consultant at Kaushalya hospital, Thane on Friday, 20th December 2019. The duration of lecture was around 1 hour. A **medical Health Check-up camp** was conducted on 18^h January 2020 in collaboration with Health spring. The objective of the camp was to provide information regarding diet, exercise and weight control. The Excelssior Education Society celebrated the **International Women's Day 2020** with full fervor. On this day, the message of 'women employment 'was propagated with great energy.







 $R_{1 = -1}$

Principal K. B. Oallege of Arts & Comm Kepri, Thane (E.)



Session on yoga on 18th June, 2019

International Yoga Day 21st June 2019







Lecture on Sexual harassment of women at workplace

Workshop on Quilling- 12th July to 30th August 2019

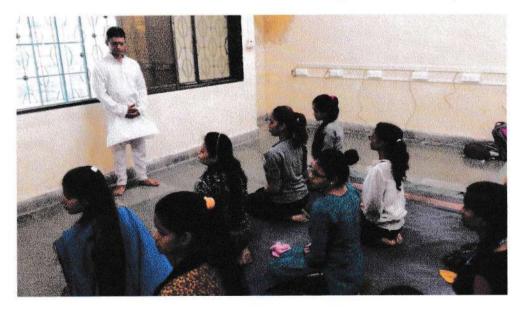




Intra-Collegiate Skit Competition- 15th December 2019



Add-on Course on Yoga







Lecture on PCOS and Cholestrol Awareness- 20th December 2019

Health Check-up camp- 18th January 2020





International Women's Day- 8th March 2020



Lecture on Gender Sensitization and Pre-marital counseling



