



EXCELSSIOR EDUCATION SOCIETY'S

K. B. COLLEGE OF ARTS & COMMERCE FOR WOMEN

Mith Bunder Road, Kopri, Thane (E) Mumbai- 400 603. ☎ : 2532 6496

Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	NSS
Title of the Event / Programme	Tree Plantation Drive 17, 28 Jul & 13 Aug 2022
Date / Period of Event / Programme	17 th and 28 July 2022 & 13 August 2022
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	The objective of the program was to inculcate social feeling amongst students and motivate them to help society by planting saplings.
Name of the Resource Persons	NA
Number of Participants	180
Outcome of the Event / Programme	Students and locals liked the social work of Tree Plantation Campaign. The society people were very happy about the social message given by the NSS students. NSS Students also inculcated social values amongst them.
Venue	Thane East and Neral





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	NSS
Title of the Event / Programme	75th Independence Day Celebration- Har Ghar Tiranga
Date / Period of Event / Programme	10-08-2022
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	The objective of the program was to inculcate patriotic feeling.
Name of the Resource Persons	-
Number of Participants	95
Outcome of the Event / Programme	Students and locals liked the theme about Har Ghar Trianga Campaign started by the government. Students went in the neighbouring areas and gave them information about the campaign and asked them to display the Indian flag.
Venue	College and Surrounding Area





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	History and NSS
Title of the Event / Programme	Celebration of CONSTITUTION DAY
Date / Period of Event / Programme	26-11-2022
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	The prime objective of the program was to educate students about the constitution as well as rules and regulations in democracy. On this occasion students and teaching staff members also read the Preamble of the Constitution.
Name of the Resource Persons	Adv. Sagar Bansode
Number of Participants	95
Outcome of the Event / Programme	They came to know about how the day aims to mark the significance of the constitutional values among the citizens of India and also to bring awareness of the importance of the Indian Constitution and its architect, Dr. B.R. Ambedkar. Students and society people came to know about the importance of preamble.
Venue	210 Classroom





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	NSS
Title of the Event / Programme	NSS RESIDENTIAL CAMP: 17 TO 23 JAN 2023
Date / Period of Event / Programme	17-01-2023 to 23-01-2023
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	The objective of the camp was to inculcate social feeling amongst students and motivate them to help society.
Name of the Resource Persons	-
Number of Participants	100
Outcome of the Event / Programme	The society people were very happy about the social message given by the NSS students. The camp helped in inculcating social values amongst the NSS students.
Venue	Kotwalwadi Trust, Neral





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Extension
Title of the Event / Programme	Participation in Udaan Festival
Date / Period of Event / Programme	16-02-2023
Nature of the activity	Inter-collegiate
Objective of the Event / Programme	To develop personality and build confidence among the students
Name of the Resource Persons	Dr. Kunal Jadhav (Director, DLLE) and Dr.Vinda Manjramkar (Area Coordinator)
Number of Participants	16
Outcome of the Event / Programme	Participation in the festival removed stage fear and built confidence among participants.
Venue	B.N. Bandodkar college, Thane





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	WDC
Title of the Event / Programme	Celebration of International Women's Day- Skit- Beti hui hai
Date / Period of Event / Programme	08-03-2023
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	To create awareness about Empowerment of Women among students.
Name of the Resource Persons	Mrs. Pradnya Saraf, Sangeeta Saraf, Sangita Joshi, Sushma Masurkar, Jayashri Pandit, Seema Nikam, Members of Stree Mukti Sanghatana
Number of Participants	250
Outcome of the Event / Programme	The skit highlighted the awareness about Empowerment of Women and importance of women's liberalization in society.
Venue	3RD FLOOR SEMINAR HALL





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Extension unit
Title of the Event / Programme	Poster Making Competition
Date / Period of Event / Programme	04-07-2022
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	To create awareness among the students about harmful effects of use of plastic
Name of the Resource Persons	-
Number of Participants	15
Outcome of the Event / Programme	Students were determined to use paper or cloth bags instead of plastic bag
Venue	K.B. College Campus





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Extension(EXT)
Title of the Event / Programme	Tree Plantation
Date / Period of Event / Programme	17-07-2022 and 22-07-2022
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	To create awareness among the students about importance of environment in human life
Name of the Resource Persons	-
Number of Participants	12
Outcome of the Event / Programme	Students of extension unit were determined to plant at least one sapling in a year and take care of it till they are in the college
Venue	Kopri, Thane





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Extension
Title of the Event / Programme	Paper and Cloth Bags Distribution on the occasion of World Nature Conservation Day
Date / Period of Event / Programme	22-07-2022
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	To create awareness regarding the harmful effects of plastic bags.
Name of the Resource Persons	-
Number of Participants	13
Outcome of the Event / Programme	Students and the citizens realized the consequences of using plastic bags. They pledged to reduce the use of plastic bags for nature conservation
Venue	Kopri, Mithbunder road and Chendani Koliwada, Thane





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Extension
Title of the Event / Programme	Ek Pouda Dosti Ke Naam- Plantation Drive on the occasion of Friendship day
Date / Period of Event / Programme	06-08-2022
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	To inculcate social values among the students and also reminding them about their social responsibility towards nature and environment.
Name of the Resource Persons	-
Number of Participants	40
Outcome of the Event / Programme	The students were determined to take care of the sapling which they planted and take care of it and plant every year at least one plant
Venue	K.B. College Campus (Garden)





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Extension
Title of the Event / Programme	Respect to the Flag
Date / Period of Event / Programme	12-08-2022
Nature of the activity	State Level
Objective of the Event / Programme	To create awareness among the students as well as citizens about importance of flag and its respect
Name of the Resource Persons	-
Number of Participants	35
Outcome of the Event / Programme	Students and citizens came to know about the rules to be followed in disposal of the flag
Venue	College Campus and neighbouring areas





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Environmental Studies
Title of the Event / Programme	Awareness Drive for Ganesha Idol Immersion
Date / Period of Event / Programme	17-08-2022
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	To create an awareness regarding potential harm caused by Idols made of Plaster of Paris (POP).
Name of the Resource Persons	-
Number of Participants	6
Outcome of the Event / Programme	Students went class to class and created awareness about the harmful effects of POP and Thermacol. Students pledged to use bio-degradable alternatives and also to immerse the Idol in man-made ponds and not in natural waters.
Venue	College Campus





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Extension
Title of the Event / Programme	Workshop on Making of Eco friendly Ganpati Idol
Date / Period of Event / Programme	26-08-2022
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	To protect environment through organizing workshop to create awareness among the students about consequences of using plaster of paris and synthetic paints.
Name of the Resource Persons	Mrs. Vidya Angolkar, Fevicryl, expert teacher from Pidilite Company
Number of Participants	111
Outcome of the Event / Programme	The students pledged to use eco-friendly materials to make Ganpati idol and also purchase only those which are made using eco-friendly materials.
Venue	Room No 101





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Extension
Title of the Event / Programme	Donation Drive for Indian Blind Association, Madurai, Tamil Nadu
Date / Period of Event / Programme	07-09-2022
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	To inculcate social values among the students
Name of the Resource Persons	-
Number of Participants	1560
Outcome of the Event / Programme	Students and Faculty donated open heartedly understanding their responsibility towards society. The college received appreciation in the form of trophy for the same from the IAB organization.
Venue	College Campus





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Extension
Title of the Event / Programme	Session on 'Tension Free Success' by Manashakti research centre
Date / Period of Event / Programme	24-11-2022
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	To understand, study methods and also learn how to manage stress
Name of the Resource Persons	Mrs. Suvarna Ransubhe
Number of Participants	98
Outcome of the Event / Programme	Students learnt the techniques to manage stress due to tension
Venue	Room No 101





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Extension
Title of the Event / Programme	Visit to Self-esteem foundation for disabled, Airoli
Date / Period of Event / Programme	13-12-2022
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	1. To inculcate social values among the students 2. To make students aware about the efficiency/skills of disabled students
Name of the Resource Persons	-
Number of Participants	43
Outcome of the Event / Programme	Students were sensitized about the problems of disabled students and requirement of support for such NGOs.
Venue	Self Esteem Foundation for Disabled, Airoli





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Extension
Title of the Event / Programme	Poster making competition and exhibition
Date / Period of Event / Programme	25-01-2023
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	To develop social values among the students. To create awareness about constitutional values among the students.
Name of the Resource Persons	-
Number of Participants	127
Outcome of the Event / Programme	The locals became aware about the the importance of constitution and human rights
Venue	Kaladalan, Kopri Thane





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Extension
Title of the Event / Programme	E-Waste Donation Drive
Date / Period of Event / Programme	11-04-2023
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	To sensitize students about the impact of the E-Waste disposal system and its effect on human and environment.
Name of the Resource Persons	Ms. Rashmi Joshi Environmental Consultant
Number of Participants	10
Outcome of the Event / Programme	Students decided to create awareness among the society and to educate people on how to dispose e-waste materials in systematic manner
Venue	College Campus





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Extension
Title of the Event / Programme	Practical Demo session on 'Home made compost pit
Date / Period of Event / Programme	25-04-2023
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	To understand the composting of organic waste and also use best out of waste.
Name of the Resource Persons	Ms. Rashmi Joshi, Environmental Consultant
Number of Participants	15
Outcome of the Event / Programme	Students used bacterial culture to complete project given for making homemade compost pit
Venue	Room No 101





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	WDC
Title of the Event / Programme	“Consensuality Program on the Sexual and Reproductive Health of Young People”
Date / Period of Event / Programme	16-06-2022
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	1. To create awareness on sexual and reproductive health of young people 2.To understand the meaning of “Consensuality”.
Name of the Resource Persons	Ms. Nishta Dholakia (Program Manager at Mash Project Foundation)
Number of Participants	150
Outcome of the Event / Programme	Students became aware of various factors related with sexual and reproductive health and details of “Consensuality in sexual life.
Venue	SEMINAR HALL





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	WDC
Title of the Event / Programme	Lecture on Gender Sensitization
Date / Period of Event / Programme	21-12-2022
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	To create awareness about gender sensitization. To provide an integrated and inter- disciplinary approach to understand the social and cultural constructions of gender that shapes the experiences of women and men in society.
Name of the Resource Persons	Ms. Pradnya Saraf, member of Stree Mukti Sanghatana
Number of Participants	120
Outcome of the Event / Programme	Students became aware about gender equality and gender sensitization.
Venue	Class room no. 211





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Health Club
Title of the Event / Programme	Celebration of "8th INTERNATIONAL YOGA DAY "
Date / Period of Event / Programme	21-06-2022
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	To create awareness among students about the benefits of YOGA.
Name of the Resource Persons	Ms. Niharika Luthia and her team members Mrs. Pratibha Kadam and Ms. Anjali Sachdev from Art of Living
Number of Participants	80
Outcome of the Event / Programme	Students became aware about the benefits of Yoga.
Venue	GROUND FLOOR SEMINAR HALL





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Health Club
Title of the Event / Programme	Session on "Adolescence Nutrition and Factors Influencing Eating Habits"
Date / Period of Event / Programme	07-09-2022
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	1. To raise public awareness about nutrition & healthy eating habits 2. To understand the factors influencing eating habits
Name of the Resource Persons	Dietitian, Nutrigenomic counsellor, Holistic health coach- Ms. Hetal Bhuruk
Number of Participants	75
Outcome of the Event / Programme	Students came to know about nutrition and various factors related to eating habits
Venue	3RD FLOOR SEMINAR HALL





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Health Club
Title of the Event / Programme	ONE DAY HEALTH CHECK-UP PROGRAMME
Date / Period of Event / Programme	01-10-2022
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	To carry out routine free health check-up of students.
Name of the Resource Persons	Dr. Rujula Mahajan (Homeopathy Doctor)
Number of Participants	500
Outcome of the Event / Programme	Students benefitted through the Free health check-up campaign.
Venue	THIRD FLOOR SEMINAR HALL





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Health Club
Title of the Event / Programme	Session on "MENTAL HEALTH AWARENESS"
Date / Period of Event / Programme	04-10-2022
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	1. To create Mental Health awareness. 2. To deal with Exam stress.
Name of the Resource Persons	Psychologist and Art Psychotherapist, Ms. Naomi Bhatia
Number of Participants	220
Outcome of the Event / Programme	Students came to know about concepts related with Mental health and the techniques to deal with examination stress.
Venue	3RD FLOOR SEMINAR HALL





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Health Club
Title of the Event / Programme	Session on "YOGA"
Date / Period of Event / Programme	09-01-2023
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	To keep the body and mind fit for facing the challenges of the modern world.
Name of the Resource Persons	Mr. Chandra Sahu sir, Ms. Aditi Bisht, Ms. Jyoti Sharma, Ms. Vidhi Garg yoga trainers from Dev Sanskriti Vishwavidyalaya, Haridwar, Uttarakhand
Number of Participants	100
Outcome of the Event / Programme	The session made students realize that Yoga is the way to long and healthy life.
Venue	3RD FLOOR SEMINAR HALL





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Health Club
Title of the Event / Programme	ONE DAY HEALTH CHECK-UP CAMP
Date / Period of Event / Programme	19-01-2023
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	1. To create general health awareness 2. To practically do eye check-up of students, staff and the residents of nearby locality. 3. To carry out a routine free health check-up of students, staff and residents of nearby locality.
Name of the Resource Persons	Mrs. Sayli Eye specialist from Wavikar Eye Institute and and Mr. Nilesh Sonawane Physician from Magicdil Health
Number of Participants	200
Outcome of the Event / Programme	Students, staff and locals benefitted through the Free health check-up camp.
Venue	THIRD FLOOR SEMINAR HALL





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Environmental Studies
Title of the Event / Programme	Tree Plantation Drive organized by Shri Sathya Sai Seva
Date / Period of Event / Programme	17-07-2022
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	To create awareness regarding Tree plantation
Name of the Resource Persons	-
Number of Participants	5
Outcome of the Event / Programme	Students realized the importance of tree plantation. They pledged to avoid tree cutting and conserve the natural vegetation.
Venue	Kopri





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Environmental Studies
Title of the Event / Programme	Paper and Cloth Bags Distribution on 'World Nature Conservation Day'
Date / Period of Event / Programme	23-07-2022
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	To create an awareness regarding the harmful effects of plastic bags
Name of the Resource Persons	-
Number of Participants	12
Outcome of the Event / Programme	Students and the citizens realized the consequences of using plastic bags. They pledged to reduce the use of plastic bags for nature conservation
Venue	Kopri, Thane East





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Environmental Studies
Title of the Event / Programme	Ek Paudha Dosti Ke Naam 'Sapling Adoption and Plantation'
Date / Period of Event / Programme	06-08-2022
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	To create an awareness regarding tree plantation
Name of the Resource Persons	-
Number of Participants	39
Outcome of the Event / Programme	Students realized the importance of tree plantation. They pledged to avoid cutting trees and conserve the natural vegetation
Venue	College Campus





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Environmental Studies
Title of the Event / Programme	Awareness Drive for Ganesha Idol Immersion
Date / Period of Event / Programme	17-08-2022
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	To create an awareness regarding potential harm caused by Idols made of Plaster of Paris (POP).
Name of the Resource Persons	-
Number of Participants	6
Outcome of the Event / Programme	Students went class to class and created awareness about the harmful effects of POP and Thermacol. Students pledged to use bio-degradable alternatives and also to immerse the Idol in man-made ponds and not in natural waters.
Venue	College Campus





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Environmental Studies
Title of the Event / Programme	Ozone Fest 2022-23
Date / Period of Event / Programme	16-09-2022
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	To follow the 2022 Ozone Day theme announced by the UN Environment Programme for International Day for Preservation of the Ozone Layer i.e., Global Cooperation Protecting Life on Earth and to create awareness among students for the preservation of Ozone layer.
Name of the Resource Persons	-
Number of Participants	100
Outcome of the Event / Programme	Students understood the harmful effects of Ozone depleting substance and through various competitions and activities they learned to conserve the environment.
Venue	College Seminar Hall





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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Environmental Studies
Title of the Event / Programme	Awareness on Waste Segregation at NSS adopted Village
Date / Period of Event / Programme	19-01-2023
Nature of the activity	Intra-collegiate
Objective of the Event / Programme	To create awareness among the villagers regarding segregation of wet waste and dry waste and educate them regarding the harmful effect of waste burning.
Name of the Resource Persons	-
Number of Participants	5
Outcome of the Event / Programme	Villagers promised that they won't burn waste and they will segregate wet waste and dry waste for reducing air pollution.
Venue	NSS adopted Village, Fanaswadi





EXCELSSIOR EDUCATION SOCIETY'S

K. B. COLLEGE OF ARTS & COMMERCE FOR WOMEN

Mith Bunder Road, Kopri, Thane (E) Mumbai- 400 603. ☎ : 2532 6496

Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	Environmental Studies
Title of the Event / Programme	Study Tour to BMC Exhibition at Byculla
Date / Period of Event / Programme	04-02-2023
Nature of the activity	Study tour
Objective of the Event / Programme	To make students aware about the rich biodiversity and the behaviour of wildlife in the natural as well as Man-made habitat.
Name of the Resource Persons	-
Number of Participants	10
Outcome of the Event / Programme	Students learnt about organic farming, Bonsai gardening, Vegetable gardening, Kitchen gardening, Crepe paper artifacts, Miniature Pond Ecosystem, etc and animals and birds behaviour in man-made habitat
Venue	Byculla, Mumbai



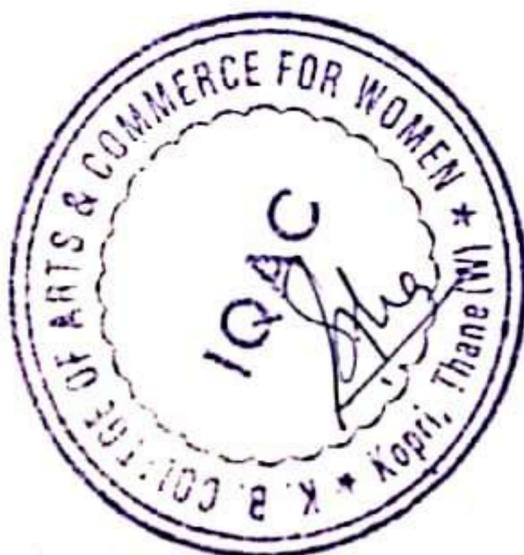


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Internal Quality Assurance Cell: 2022-23 Report of Event / Programme

Name of the Department / Committee	NSS
Title of the Event / Programme	BLOOD DONATION CAMP
Date / Period of Event / Programme	09-02-2023
Nature of the activity	Intercollegiate
Objective of the Event / Programme	To inculcate social feeling amongst students and motivate them to help society by donating Blood.
Name of the Resource Persons	NA
Number of Participants	180
Outcome of the Event / Programme	Students and locals liked the social work of Blood Donation Campaign. The society and students were very happy about the social message given by the NSS students.
Venue	College Campus



Seema
Principal
K. B. College of Arts & Commerce
Kopri, Thane